

Weaving Abundance on the Palouse Resource Guide

Spring 2020
COVID edition

*A guide to connect those in need
in Latah and Whitman County
with available resources.*

*Compiled & assembled by Poverty on the Palouse,
a City of Moscow citizen forum.
www.PovertyOnThePalouse.com*

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PAGES 1-29 ARE STANDARD HOURS OF OPERATION PRIOR TO COVID

FOR COVID DATES AND TIMES OF SERVICES SEE LAST PAGE, PAGE 30

To report a change, update contact information, or request a more recent edition of this guide, contact povertyonthepalouse@gmail.com. Visit our website to view, print, or download the latest copy at povertyonthepalouse.com. Like and follow us on Facebook for daily updates at facebook.com/PovertyOnThePalouse

Food Banks

DURING COVID RESTRICTIONS, CALL YOUR FOOD BANK TO CONFIRM DAYS AND HOURS!

IDAHO

| Location | Address | Contact | Days | Hours of operation |
|-----------|--|-----------------------|--|--|
| Deary | Adventist Services 501 1 st Avenue | N/A | Tues. Thurs. | 10 am – 4 pm 10 am – 4 pm |
| Deary | Edith Griffin Food Bank 405 Main Street | N/A | Tues. | 11 am – 4 pm |
| Genesee | St. John Lutheran Church 648 W. Ash | 208-791-0447 Jenni | 2 nd and 4 th Friday of each month | 10 am-12 pm |
| Juliaetta | Juliaetta Food Bank 214 State Street | 208-276-4510 | Fri. | 1 pm – 3 pm |
| Moscow | Moscow Food Bank 110 N. Polk Street | 208-882-4813 | Tues. through Fri. | 2 pm – 4pm |
| Potlatch | Potlatch Food Bank 510 Pine Street | 208-875-0735 | 2 nd Thurs. of each month 4 th Thurs. of each month | 10 am – 12 pm 6 pm – 8 pm 10 am – 12 pm 6 pm – 8 pm |
| Troy | Troy Food Bank 106 E. 6 th Street | 208-835-4357 | Wed. | 4 pm – 7 pm |

For an interactive Map of Idaho Food Banks visit: <https://idahofoodbank.org/getfood/>

WASHINGTON

| Location | Address | Contact | Days | Hours of operation |
|------------------|---|--------------|---|---------------------------------|
| Albion | Albion Town Hall 310 F Street | N/A | 4 th Thurs. of each month | 4 pm – 6 pm |
| Colfax | Council on Aging and Human Services 121 N. Main Street | 509-397-4305 | 2 nd and 4 th Tues. of each month | 3 pm – 6 pm |
| Endicott | Seventh Day Adventist Church 101 Banta St | N/A | 4 th Thurs. of each month | 6 pm – 7:30 pm |
| Garfield | American Legion Building 211 N. Main Street | 509-635-1435 | 4 th Thurs. of each month | 2 pm – 6 pm |
| Lacrosse | 111 N. Main Street | N/A | 2 nd and 4 th Sat. of each month | 11 am – 2 pm |
| Malden | Malden Town Hall 110 Pleasant Street | N/A | 2 nd Tues. of each month 4 th Wed. of each month | 3 pm – 6 pm 8 am – 10 am |
| Oakesdale | Oakesdale Baptist Church 209 W. Bartlett Street | N/A | 4 th Thurs. of each month | 9:30 am – 11 am |
| Palouse | Palouse Calvary Chapel 215 E. Church Street | 509-595-3048 | 4 th Wed. of each month | 1 pm – 2 pm 4:30 pm- 6 pm |
| Pullman | Pullman Child Welfare 108 NW Stadium Way | 509-338-0801 | Sat. | 9 am – 11 am |
| Pullman | Community Action Center 350 SE Fairmont Road | 509-334-9147 | Mon. – Fri. | 8 am – 4:30 pm |
| Rosalia | Rosalia Food Pantry Community Baptist Church 818 N. Whitman Avenue | N/A | 4 th Tues. of each month | 6 pm – 8 pm |

WASHINGTON – CONT'D

| Location | Address | Contact | Days | Hours of operation |
|-----------|--|---------|---|--------------------|
| St. John | Methodist Church 5 W. Broadway Street | N/A | 4 th Wed. of each month | 1 pm – 2 pm |
| Tekoa | Tekoa City Hall 419 N. Washington Street | N/A | 4 th Thurs. of each month | 8 am – 11 am |
| Uniontown | Uniontown Community Building 206 Montgomery Street | N/A | 4 th Thurs. of each month | 6:30 pm – 8 pm |

PET FOOD & SUPPLIES

| Location | Address | Contact | Notes |
|----------|---|--------------|---|
| Moscow | Humane Society of the Palouse 2019 E. White Avenue | 208-883-1166 | Occasionally gives out overstock pet supplies like dog food, dog biscuits, cat food, gravel cat litter, etc. Please bring photo i.d. |
| Pullman | Whitman County Humane Society 1340 SE Old Moscow Road | 509-332-3422 | Pet food bank |

Food Pantries

DURING COVID, ASSUME ALL INSIDE PANTRIES ARE CLOSED

IDAHO

| Location | Address | Contact | Days | Hours of operation |
|------------------|--|-----------------------------|---|------------------------|
| Bovill | Bovill Mobile Pantry Carolynn Park Cedar & 3 rd Street | N/A | 1 st Tues. of each month | 11:30 am – 1:30 pm |
| Juliaetta | Juliaetta Mobile Pantry Baseball Field, State Highway 3 | N/A | 1 st Tues. of each month | 11 am – 1 pm |
| Moscow | First United Methodist Church (outside) 322 E. Third Street | N/A | N/A | N/A |
| Moscow | Rachel Raiden Little Free Pantry 1912 Center (inside) 412 E. Third Street | N/A | N/A | N/A |
| Moscow | Latah Recovery Center (inside) 531 S. Main Street | N/A | N/A | N/A |
| Moscow | Community Action Partnership (inside) 428 W. Third Street #4 | N/A | N/A | N/A |
| Moscow | Moscow High School (inside) 402 E. Fifth Street | 208-882-2591 Diane Hicke | By appointment only | By appointment only |
| Potlatch | Potlatch Mobile Pantry Grace Community Church 325 Larch Street | N/A | 4 th Thurs. of each month | 11 am – 1 pm |

WASHINGTON

| Location | Address | Contact | Days | Hours of operation |
|-----------|--|--|------|--------------------|
| Garfield | 201 W. California Street | N/A | N/A | N/A |
| Pullman | Pullman Schools Food Pantry Program Jefferson Elementary School 1150 NW Bryant Street | 509-332-5340 509-715-9545 linhdasagen@yahoo.com Linhda Sagen | N/A | N/A |
| Pullman | Denise Hatley Pantry (outside in front of Whitman County Fire Department 12) 912 W. Main Street | N/A | N/A | N/A |
| Uniontown | Uniontown City Hall 110 S. Montgomery Street | N/A | N/A | N/A |

UNIVERSITY LOCATIONS

| <p style="text-align: center;">Washington State University Pantries are open to and may be accessed by any enrolled WSU student. Students may visit the food pantries as many times as needed.</p> | |
|--|---|
| | <p>Nusbaum's Pantry Johnson Tower, Room 217</p> |
| | <p>Rosario's Place Women's Center, Room 8 (on the Ground Floor of Wilson-Short Hall) More info: https://women.wsu.edu/resources/food-pantry-at-rosarios-place/</p> |
| | <p>TRIO Food Pantry Lightly Student Services Building, Room 260 Please bring your Cougar card and your own reusable or plastic bag. For additional questions, please contact us at (509) 335-7324.</p> |

UNIVERSITY LOCATIONS – CONT'D

DURING COVID, VANDAL PANTRIES ARE DRIVE THRU ON CERTAIN DATES AND TIMES, AVAILABLE AT: <https://www.facebook.com/events/517942475560549/>

| University of Idaho | |
|--|---|
| All pantries are accessible during building business hours. Cabinets are stocked with food, grocery bags, and information on other food resources. Open to all, anyone may access food from the cabinets or donate to them. Please take what you need. | |
| | Counseling and Testing Center Forney Hall, First Floor 1210 Blake Avenue |
| | Diversity Center Teaching Learning Center, Room 224 600 University Avenue |
| | Native American Student Center 865 W. Seventh Street |
| | Student Media, Pitman Center, Third Floor 709 Deakin Avenue |
| | Student Recreation Center Main Foyer 1000 Paradise Creek Street |
| | Student Support Services Idaho Commons, Room 306 |
| | Women's Center Memorial Gym, Room 109 |

Food Programs & Distributions

It is estimated that several thousands of Palouse residents qualify for the Supplemental Nutrition Assistance Program (SNAP, aka food stamps) and/or Women, Infants, and Children (WIC), but never apply. Providers at these agencies are knowledgeable and helpful, and can quickly determine if you can receive benefits. Visit the following government websites to help you determine if you are eligible to receive SNAP benefits:

- <https://healthandwelfare.idaho.gov/FoodCashAssistance/FoodStamps/tabid/90/Default.aspx>
- <https://www.washingtonconnection.org/home/>

CROSS-STATE PROGRAMS

Backyard Harvest is a non-profit that serves both states of Idaho and Washington in the following counties: Asotin, Latah, Nez Perce, and Whitman. Visit www.backyardharvest.org for more details not provided in this resource guide.

| Program/Agency | Address | Contact | Notes |
|---|--------------------|--|--|
| Backyard Harvest Community Orchard Program | N/A | 208-669-2259 info@backyardharvest.org | Volunteer to pick produce. Volunteers may keep half of what they harvest for themselves. No limit on number of times you may volunteer. Remaining half of produce is sent to local food banks, children's weekend backpack program, and senior meal programs. |
| Backyard Harvest Shop The Market Program | Multiple locations | 208-669-2259 info@backyardharvest.org | SNAP benefits are eligible for use at participating Farmers Market. Patrons receiving SNAP benefits may receive an additional bonus incentive. For a list of current markets in this program, visit www.backyardharvest.org/shop-the-market |

CLOSED DURING COVID, BUT- BACKPACK PROGRAM SPECIAL AVAILABILITY (SEE COVID PAGE 31), FOR FOOD STAMPS OR WIC CALL FOR PHONE INTERVIEW

IDAHO

| Program/Agency | Address | Contact | Notes |
|---|---|--------------|---|
| Summer Backpack Program | Lena Whitmore Elementary 110 S. Blaine Street Moscow, ID | N/A | Fridays, 11:30 am – 12:30 pm from early June to late August. Each bag contains two breakfasts, lunches, and dinners, plus snacks and fresh produce. |
| Supplemental Nutrition Access Program (SNAP/Food Stamps) | Idaho Department of Health & Welfare 1350 Troy Highway Moscow, ID | 208-799-4365 | Bring a photo I.D. and social security numbers for all household members. More documentation may be required and may be sent via mail. |
| Women, Infants, and Children (WIC) | Idaho Public Health Latah County WIC Office 333 E. Palouse River Drive Moscow, ID | 208-882-7353 | Provides monthly food for pregnant and nursing women, formula for infants, and food milk, and juice for children up to age five. |

WASHINGTON

| Program/Agency | Address | Contact | Notes |
|---|--|--------------|---|
| Commodity Supplemental Food Program | N/A | 509-397-4305 | Program is open to eligible seniors aged 60+ living in Whitman County. |
| Rosalia Commodities | United Methodist Church Intersection of Whitman Street & Third Street, Rosalia | N/A | Last Wednesday of each month from 9 am – 11 am. |
| Senior Farmers' Market Nutrition Program | Council on Aging 210 S. Main Street, Colfax | 509-397-4305 | Eligible seniors may receive vouchers to be spent on fresh fruit, vegetables, cut herbs, and honey at authorized Farmers Markets. |

WASHINGTON-CONT'D

| Program/Agency | Address | Contact | Notes |
|--|---|--|--|
| <p>Women, Infants, and Children (WIC)</p> | <p>Whitman County Public Health 310 N. Main Street, Suite 108, Colfax 1205 SE Professional Mall Blvd., Pullman</p> | <p>Colfax: 509-397-6280 Pullman: 509-332-6752</p> | <p>Colfax Office Hours: Tues. 8:30 am – 4 pm (closed for lunch)</p> <p>Pullman Office Hours: Mon. & Wed. 8:30 am – 4 pm (closed for lunch) First Friday of each month 8:30 am – 4 pm (closed for lunch)</p> <p>WIC Farmers Market Checks: Bring your appointment folder and photo I.D. to the Pullman Farmers Market to receive vouchers. These vouchers are only eligible to purchase fresh fruit, vegetables, and cut herbs at authorized Farmers Markets.</p> |

Free Meals

For a list of meals scheduled around the holiday season, please refer to the Holiday Programs section, beginning on page 20.

**DURING COVID- SENIOR MEALS AND COUNCIL ON AGING MEALS ARE TO GO.
Food Not Bombs is to go. Welcome Table is suspended.**

IDAHO

| Location | Address | Contact | Notes |
|-----------------|---|----------------------|--|
| Kendrick | Kendrick Senior Citizens Center 104 S. 6 th Street | N/A | Eligible for Seniors Wed. and Fri. 11:30 am – 1 pm |
| Moscow | 1912 Center 412 E. Third Street | 208-669-2249 | Eligible for Seniors Tues. and Thurs. at 12 pm |
| Moscow | Food Not Bombs of the Palouse 405 S. Van Buren Street (basement of First Presbyterian Church) | N/A | Vegetarian-friendly meals Sunday, 4 pm – 6 pm www.facebook.com/FNBPalouse |
| Moscow | Lena Whitmore Elementary Summer Lunch Program 110 S. Blaine Street | N/A | Open to children ages 1 through 18. Scheduled for early July through late August. Mon. – Fri. 11:30 am – 12:30 pm |
| Moscow | Moscow Welcome Table 1912 Center 412 E. Third Street | RSVP 208-669-2249 | Free community dinner open to all. Third Mon. of each month 5:30 pm – 7:00 pm, RSVP www.facebook.com/ MoscowWelcomeTable/ |

WASHINGTON

Specialized WA Free Meal Programs

- **Cougs Feeding Cougs:** If you are a WSU student concerned about where you will get your next meal, Cougs Feeding Cougs will provide funds to eligible students that can be used anonymously in WSU Dining Services locations. More info: <https://studentaffairs.wsu.edu/initiatives/cougs-feeding-cougs/>

| Location | Address | Contact | Notes |
|-----------------|--|------------------------|--|
| Albion | Summer Lunch Program Albion Town Hall 310 F Street | N/A | Open to children ages 1 through 18. Early June through mid-late August Mon. – Thurs., 11 am – 12 pm |
| Colfax | Council on Aging Congregate Meals Colfax Food Pantry 121 N. Main Street | 509-397-4305 | Eligible for Seniors Wed. at 12 pm |
| Colfax | N/A | 509-397-4305 Margie | Home meal delivery for seniors |
| Lacrosse | Council on Aging Congregate Meals Lacrosse Café 204 S. Main Street | 509-397-4305 | Eligible for Seniors 1 st and 3 rd Tues. of each month at 12 pm |
| Oaksdale | Council on Aging Congregate Meals Oakesdale High School Intersection of 1 st and McCoy Street | 509-397-4305 | Eligible for Seniors while school is session Wed. at 12:30 pm |
| Palouse | Council on Aging Congregate Meals Palouse Community Center 230 E. Main Street | 509-397-4305 | Eligible for Seniors Wed. at 12 pm |
| Pullman | Council on Aging Congregate Meals Pullman Senior Center 325 SE Paradise Street | 509-397-4305 | Eligible for Seniors Mon. and Fri. at 11:45 am |
| Pullman | N/A | 509-339-4000 | Home meal delivery for seniors |
| Pullman | Pacific Northwest Halal Meats | 509-334-9147 | Please contact the Community Action Center for full details. |
| Rosalia | Congregate Meals United Methodist Church Intersection of 3 rd and Whitman Avenue | N/A | Eligible for Seniors Tues. at 12 pm |

Food Discounts, Bonuses, and More

| Program | Address | Contact | Notes |
|--|---|---|--|
| Bicycle Benefits | Multiple Locations in Moscow, ID and Pullman, WA | N/A | Purchase a Bicycle Benefits sticker for \$5 at a participating store location in Moscow, ID or Pullman, WA to receive a variety of discounts on food and other items. Visit: bicyclebenefits.org for a list of current stores and associated discounts. |
| F.L.O.W.E.R. (Fresh, Local, Organic, Within Everyone's Reach) | Moscow Food Co-op 121 E. Fifth Street Moscow, ID | 208-882-8537 | Eligible to customers who currently receive SNAP, WIC, Medicaid, or Free Lunch School Program. Qualifying applicants receive a 20% discount on everything in the store. Apply online (www.moscowfood.coop/flower-application) or in-store (bring proof of eligibility) |
| KERNEL (Kids Eating Right, Nutrition and Exercise for Life) | Pullman Farmers Market Brelsford WSU Visitor Center 150 NE Spring Street, Pullman, WA | N/A | Open to children ages 4 through 12. Children who participate and complete the KERNEL activity receive a \$2 voucher to spend on fresh produce at the Pullman Farmers Market. |
| OLIO mobile app | N/A | https://olioex.com/ | Share food. Got food? Snap a photo, add a brief description and provide pick-up details. Want food? Browse what's available nearby (all is free), request what you'd like and message to arrange a pick-up. |
| Power of Produce (POP!) Club | Moscow Farmers Market Downtown Moscow | N/A | Open to children ages 4 through 12. Children who participate and complete the POP! Club activity receive a \$5 voucher to spend on fresh produce at the Moscow Farmers Market. |

Bill Assistance

Non-profit and religious organizations that may help with utility bills, rent, energy needs, medication, and more

| Location | Address | Contact | Notes |
|-------------|--|---|---|
| Moscow | St. Vincent de Paul Society of St. Mary's Parish 618 E. 1 st Street | 208-883-3284 | May provide home, rental, and utility assistance. Callers must leave a message and their call will be returned within 48 hours listed under 'Unknown Number'. Voicemails are not left, so you must answer the call when it comes in. |
| Moscow | Community Action Partnership 428 W. 3 rd Street Suite #4 | 208-882-3535 | May provide utility, energy bill, and weatherization assistance based on eligibility for Low-Income Home Energy Assistance (LIHEAP) program. May provide referrals to other organizations. |
| Moscow | Salvation Army 627 N. Van Buren Street Suite #2 | 208-883-4823 | May provide assistance with energy bills, gasoline, rent, prescriptions, and school supplies. Open Tues 9:00 a.m.-4:30 p.m. Thurs 9:00 a.m. -6:30 p.m. Limited assistance available on an annual basis. |
| Moscow | Real Life Church Community Assistance 1420 S. Blaine Street | 208-882-2484 | May provide financial assistance for rent, utilities, and minor medical bills. Fill out a short application and meet with a financial volunteer. Photo i.d. required at the time of initial meeting, along with account information for bills applicable to your request. Thursdays 10:00 a.m. |
| Moscow | Christ Church Benevolence Ministry 516 S. Main Street | 208-882-2034 | May provide financial and other assistance. Clients fill out electronic form at www.christkirk.com/benevolence . An individual will be in contact with you within 1-2 business days. Appointments may take 20-45 minutes. Bring any paperwork relevant to your request. |
| Moscow | Sojourner's Alliance 627 N. Van Buren Street | 208-883-3438 | May provide financial assistance on rent and electric for individuals facing eviction or disconnection of service. |
| Pullman | Community Action Center 350 SE Fairmont Road | 509-334-9147 Weatherization Program: Ginger gingerm@cacwhitman.org | May provide energy, heating, and weatherization assistance and services. Clients are encouraged to schedule an appointment. Visit www.cacwhitman.org/energy-heating for more information on requirements. |
| Cross State | Inland Oasis | http://inlandoasis.org/lily-longlegs-emergency-fund | Lily Longlegs Emergency Fund emergency financial assistance to LGBTQIA community |

CROSS-STATE PROGRAMS

Phone Assistance

Lifeline is a federal government assistance program through the Federal Communications Commission (FCC) that aims to make communication services more affordable for low-income consumers. Lifeline provides either a mobile phone plan option or a home landline option. The mobile phone option includes the following for free: mobile phone and charger, monthly text, minutes, and data. The landline option includes a discount to monthly home phone bill, deposits, and transfer fees.

Below is a list of nearby service providers who participate in the Lifeline program.

| Service Provider | Contact | Type of Service |
|-------------------------|--------------|-----------------|
| Frontier Communications | 800-921-8101 | Home Phone |
| Assurance Wireless | 888-898-4888 | Mobile |
| QLink Wireless | 855-754-6543 | Mobile |

Internet Assistance

| Service Provider | Contact | Notes |
|------------------|--------------|--|
| Spectrum | 844-525-1574 | Spectrum Internet Assist program provides a discount for internet services for qualified households. Examples include if your child is eligible for the National School Lunch Program, or if you're 65 years or older and receive Social Security Income benefits. |

Medical Care & Assistance

The following care providers offer free or discounted health care services including primary care, dental care, and prescription services.

CROSS-STATE PROGRAMS

There are a wide variety of patient assistance programs that may offer discounted or free prescriptions to eligible individuals. Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine.

| Organization | Website | Notes |
|---|--|--|
| Partnership for Prescription Assistance | www.MedicineAssistanceTool.org | Medicine Assistance Tool is a search engine designed to help patients, caregivers and health care providers learn more about the patient assistance resources available through the various biopharmaceutical industry programs. |
| RxAssist | www.RxAssist.org | RxAssist offers a comprehensive database of patient assistance programs. |
| RxHope | www.rxhope.com/Patient/Home.aspx | RxHope helps people in need in obtaining critical medications that they would normally have trouble affording. |

IDAHO

| Location | Address | Contact | Notes |
|----------|---|--------------|--|
| Moscow | CHAS Latah Community Health 803 S. Main Street, Ste. #120 | 208-848-8300 | Provides primary care, walk-in clinic, dental clinic, and pharmacy. Sliding scale fees for all services. |
| Moscow | Community Action Partnership 428 W. 3 rd Street, Suite #4 | 208-882-353 | Through the Moscow Lions Club, individuals may receive \$150 voucher towards eye exam/glasses. Applications available at Community Action Partnership. |
| Lewiston | CHAS Lewis & Clark Health Center 1203 Idaho Street | 208-848-8300 | Provides primary care, pediatrics, behavioral health, and pharmacy. Sliding scale fees for all services. |

WASHINGTON

| Location | Address | Contact | Notes |
|------------------|---|--------------|---|
| Pullman | Palouse Free Clinic 825 SE Bishop Blvd, Ste. #140 | N/A | Volunteer run clinic that offers primary care on select dates with limited hours. See Facebook page for hour of operation: https://www.facebook.com/palousefreeclinic |
| Pullman | Unify Family Dental 1095 SE Bishop Blvd | 509-715-1700 | Offering general dentistry for Medicaid patients. Serves both children and adults. |
| Clarkston | Lewis & Clark Dental Clinic 844 6 th Street | 208-848-8306 | Offers comprehensive family dental care including cleanings, fluoride, fillings, extractions, and more. |

Student Loans

FEDERAL PROGRAMS

Individuals that have federal student loans may be eligible for a series of repayment options, depending on the type of federal loan. Federal student loans are eligible income-based repayment plans or economic hardship programs. Contact your loan lender, provider, or originator for further details.

In order to remain eligible for the appropriate repayment structure, annual applications and certifications are required. Below are a list of websites and webpage links to assist you in your search.

| Organization | Resource Link(s) |
|--|---|
| <p style="text-align: center;">Federal Student Aid <i>An Office of the U.S. Department of Education</i></p> | <p style="text-align: center;">Finding Your Loan Servicer</p> <p style="text-align: center;">www.studentaid.ed.gov/sa/repay-loans/understand/servicers#my-servicer</p> |
| | <p style="text-align: center;">National Student Loan Data System</p> <p style="text-align: center;">http://nslsdfap.ed.gov/nslsds_FAP/ (requires Federal Student Aid user ID and password)</p> |
| | <p style="text-align: center;">Repaying Your Loans</p> <p style="text-align: center;">http://studentaid.ed.gov/sa/repay-loans/understand/plans/income-driven</p> <p style="text-align: center;">www.studentloans.gov/myDirectLoan/repayOptions.action</p> <p style="text-align: center;">www.studentaid.ed.gov/sa/sites/default/files/repaying-your-loans.pdf</p> |

Transportation

DURING COVID- COAST is still open for business for those few who still have important appointments or medical procedures. Need a ride? Call COAST 509-397-2935. Idaho and Washington.

| Organization | Address | Contact | Notes |
|------------------------------------|--|--|---|
| SMART Transit | 1006 Railroad Street Moscow, ID | 208-883-7747 | Offers free bus services on a fixed routes Mon. – Sat., excluding federal holidays. See website for full route and schedule: www.r2transit.com/Downloads/schedule.pdf Dial-a-Ride services available Mon. – Sat. Call in advance to schedule curb to curb ride. Medicaid accepted for eligible rides. |
| City of Pullman Pullman Transit | N/A | 509-332-6535 | Offers discounted fares and passes for seniors and persons with disabilities for fixed bus routes. See website for full details, as well as route and schedule: www.pullman-wa.gov/departments/pullman-transit Dial-a-Ride services available for seniors and persons with disabilities. Call in advance to schedule ride. Application required to determine eligibility. www.pullman-wa.gov/departments/pullman-transit/dial-a-ride |
| COAST | 800-873-9996 800-967-2899 | Idaho Available to seniors and persons with disabilities upon proof of eligibility. www.coacolfax.org/transportation | |
| | | Washington Open to the general public with no age or income qualifications. www.coacolfax.org/transportation | |
| Community Action Partnership | 428 W. 3 rd Street, Suite #4 Moscow, ID | 208-882-3535 | Vehicle fuel vouchers are available on a limited basis. Call to check availability. |
| Community Action Center | 350 SE Fairmont Road Pullman, WA | 509-334-9147 | Vehicle fuel vouchers are available on a limited basis. Call to check availability. |
| Salvation Army | 627 N. Van Buren Street Suite #2 | 208-883-4823 | Vehicle fuel vouchers are available on a limited basis. Call to check availability. |

Holiday Programs

THANKSGIVING BASKETS

The following organizations provide Thanksgiving holiday groceries for you to take home. Registration typically begins one month before holiday. Contact or visit the organization for specific dates and further details.

| Organization | Address | Contact |
|-------------------------|--|--------------|
| Moscow Food Bank | 110 N. Polk Street Moscow, ID | 208-882-4813 |
| Albion Food Bank | Albion Town Hall 310 F Street Albion, WA | N/A |
| Community Action Center | 350 SE Fairmont Road Pullman, WA | 509-334-9147 |

THANKSGIVING DINNERS

The following organizations provide free Thanksgiving dinners and potlucks for those in need. Contact or visit the organization for specific dates and further details.

| Organization | Address | Contact |
|------------------------------------|---|--------------------------------------|
| Banyan's on the Ridge | 1260 Palouse Ridge Drive Pullman, WA | 509-335-8474 |
| Emmanuel Baptist Church | 1300 SE Sunnymead Way Pullman, WA | 509-332-5015 |
| Humanists of the Palouse | N/A | humans@HumanistsOfThe Palouse.org |
| Latah County Fair and Event Center | 1021 Harold Street Moscow, ID | 208-883-5722 |
| Latah Recovery Center | 531 S. Main Street Moscow, ID | 208-883-1045 |
| Safari Pearl | 660 W. Pullman Road Moscow, ID | 208-882-9499 |
| Rant and Raves Brewery | 308 Jackson Street Moscow, ID | 208-596-4061 |
| Real Life on the Palouse | 1428 S. Blaine Street Moscow, ID | 208-882-2484 |
| WSU International Programs | WSU Campus Bryan Hall 301 Pullman, WA | 509-335-2584 |

CHRISTMAS BASKETS & DINNERS

The following organizations provide Christmas holiday groceries for you to take home or Christmas dinners for those in need. Registration for Christmas grocery baskets typically begins one month before holiday. Contact or visit the organization for specific dates and further details.

| Organization | Address | Contact | Notes |
|--------------------------------|--|--------------|--------------------------|
| Moscow Food Bank | 110 N. Polk Street Moscow, ID | 208-882-4813 | Christmas grocery basket |
| Albion Food Bank | Albion Town Hall 310 F Street Albion, WA | N/A | Christmas grocery basket |
| Community Action Center | 350 SE Fairmont Road Pullman, WA | 509-334-9147 | Christmas grocery basket |
| 1912 Center | 412 E. Third Street Moscow, ID | 208-669-2249 | Christmas dinner |

CHRISTMAS ACTIVITIES

| Activity | Host | Contact | Notes |
|---------------------------------|---|--|--|
| Santa Pictures | Eastside Marketplace 1420 S. Blaine Street Moscow, ID | 208-882-1533 | Free |
| Sensitive Santa Pictures | BookPeople of Moscow 521 S. Main Street Moscow, ID | 208-882-2669 | Free |
| Santa for Seniors | SunnyBuds | lindaleemeyer@yahoo.com | www.facebook.com/groups/sunnybuds |
| Shop with a Cop | City of Moscow Moscow Police Department | Contact your child's school guidance counselor to get on the program's list. | Available to children enrolled in the Moscow School District. |

CHRISTMAS GIFTS

Christmas For Kids is a non-profit organization that provides Christmas gifts for underprivileged children under 18 years of age in Latah County. Families seeking assistance may fill out an application beginning in October. Applications are available at the **Community Action Partnership, Moscow School District** website (“Community Events Flyers” tab at msd281.org), or on the **Christmas for Kids Facebook** page (www.facebook.com/CFKMoscow/). See below for a list of area contact volunteers. For more information, visit christmas.fsr.com/.

| Location | Volunteer | Contact |
|-------------------------------------|---|--|
| Deary/Bovill | Connie Collins | connievcollins@gmail.com 208-877-1903 |
| Genesee | Donna Wommack | dwommack@sd282.org 208-669-1262 |
| Juliaetta/Kendrick | Larry Haylett | haylettlr@juno.com 208-276-4510 |
| Moscow | Community Action Partnership 428 W. 3 rd Street, Suite #4 | 208-882-3535 |
| Potlach/Onaway Princeton/Harvard | Janie Nirk | r-jnirk@potlach.com 208-875-1372 |
| Pullman | Pullman Child Welfare 108 NW Stadium Way | 509-338-0801 |
| Troy | Alison Bohman | abohman@tds.net 208-596-1828 |

Toys for Tots is a program of the United States Marine Corps. Their mission is to collect new, unwrapped toys from October – December and distribute to less fortunate children in the local community where the campaign is conducted. Applications are available beginning in November. Contact the volunteers below to request an application or toys for your area.

| Location | Volunteer | Contact | Notes |
|---------------------------------|-------------------------|---|--|
| Bovil/Clarkia Deary/Fernwood | Ken & Sally Bowey | 208-892-9237 208-892-9238 | |
| Clarkston | Christmas Connection | St. Vincent de Paul Thrift Stores 604 2 nd Street Homebound individuals contact Sharon at 509-758-7061 | Must register in person with proper identification (Driver’s License, State ID card, and Social Security card). Must bring proof of residency. |
| Genesee | Vicki Luedke | vickiluedke@yahoo.com 208-791-0680 | |

| | | | |
|-----------------------|--------------------------------------|---|--|
| Grangeville | Julie Bentley | rockingjbvags@gmail.com 208-983-2183 | |
| Kamiah/Kooskia | Bill West | bill.west1@yahoo.com 208-935-0179 | |
| Lewiston | Christmas Connection | St. Vincent de Paul Thrift Stores 604 2 nd Street, Clarkston, WA Homebound individuals contact Sharon at 509-758-7061 | Must register in person with proper identification (Driver's License, State ID card, and Social Security card). Must bring proof of residency. |
| Moscow | University of Idaho NROTC | 1212 Blake Avenue 208-885-6333 | |
| Orofino | Barbara Clifford | 208-827-3489 | |
| Pierce/Weippe | Buck Jared | jaredican@yahoo.com 208-435-4745 | |
| Potlatch | Debi Swinney | debiswinney@hotmail.com 208-875-1177 or 208-875-0642 | |
| Pullman | Pullman Child Welfare, Kim Keifer | 509-435-5201 | |

Clothing

Halloween

| | |
|---|---|
| Pullman Christian Childcare Center 345 SW Kimball Drive Pullman, WA | 509-332-3545 Free Halloween costumes |
| Prom | |
| Princess Project of Idaho and Montana | https://www.facebook.com/AnacondaPrincessProject/ Free formal wear |
| Winter | |
| The Yarn Underground 409 S. Washington St. Moscow, ID | 208-882-7700 Giving tree outside of storefront with hats, gloves, mittens, and scarves |
| Moscow Public Library 110 S. Jefferson St. Moscow, ID | 208-882-3925 Hats, gloves, and scarves |
| Community Action Partnership 428 W. 3 rd St. #4 Moscow, ID | 208-882-3535 Coats for Kids |

Miscellaneous

| General Assistance | | |
|--------------------|--|---|
| Idaho | Idaho Housing and Finance Association Lewiston Branch 2338 Nez Perce Drive Lewiston, ID 83501 | 866-566-1727 rentalassistancelew@ihfa.org Assists individuals with determining eligibility and obtaining housing vouchers for Section 8 Housing. |
| Idaho | Disability Action Center 505 N. Main St Moscow, ID | 208-883-0523 Help for individuals living with disabilities. Assistance with applying for SSD, loaner mobility and assist items, resource clearinghouse for housing, legal rights, etc. |
| Idaho | Hope Center 1212 W. Pullman Road Moscow, ID | Hope Center Vouchers can be used for items sold in the Hope Center thrift store, such as clothing, furniture, household items. The Hope Center does not give out vouchers directly, you must receive from an agency. Vouchers are available at the following Moscow agencies: Real Life Ministries, St. Vincent de Paul, Community Action Partnership, Salvation Army, Christ Church, Disability Action Center, Palouse Care Network. |
| Washington | Community Action Center 350 SE Fairmont Road Pullman, WA | 509-334-9147 Assists individuals with determining eligibility and obtaining housing vouchers for Section 8 Housing. |
| Gardening | | |
| Moscow | Moscow Recycling Center 401 Jackson Street | 208-882-0590 Free garden pots available. |
| Moscow | Palouse Exchange-a-Seed (P.E.A.S.) Moscow Public Library 110 S Jefferson Street | 208- 882-3925 Free seeds. Open to the public during normal library hours. |
| Moscow | Palouse-Clearwater Environmental Institute (PCEI) 1040 Rodeo Drive | 208-882-1444 Free compost. Open to the public from dawn to dusk. Please call ahead to schedule a time to pick-up. |

| Children | | |
|--------------------|--|---|
| Cross-State | Computers for Kids | <p>www.cfkid.org</p> <p>Computers for Kids, Inc. is a non-profit organization that refurbishes computer donations, and donates fully equipped computer systems to schools, non-profits and students in grades K-College.</p> <p>Fill out an application to request a free or discounted laptop at www.cfkid.org/applications.html</p> |
| Cross-State | Local Schools & School Districts | <p>School supplies may be available to children in need. Contact your child's school guidance counselor to learn more information.</p> |
| Idaho | Purposity App | <p>www.purposity.com</p> <p>The Purposity app allows individuals to browse and pay for items that receivers couldn't otherwise afford. Schools put a description of the need for children on the app.; both the students and the donors are anonymous. Lewiston and Moscow school districts. Contact your child's school guidance counselor</p> |
| Idaho | Idaho Child Care Program | <p>866-343-2027</p> <p>The Idaho Child Care Program aids low income families to help pay for child care costs. Agencies may help families determine their eligibility to receive this benefit.</p> |
| Moscow | City of Moscow Moscow Police Department 118 E. Fourth Street | <p>208-883-7054</p> <p>Free car seats and assistance with child car seat installation and inspection. Car seats available based on inventory. Best contact is Officer Megan Vincello.</p> |
| Moscow | WISH Medical 1515 W. A St. | <p>208-892-9474</p> <p>Free maternity and baby items such as clothing, diapers, blankets and more to current clients.</p> |
| Moscow | Officer Newbill Kids Safety Fair Eastside Marketplace 1420 S. Blaine Street | <p>208-882-4414</p> <p>Free bike helmets and helmet fitting for kids 16 and younger. Event takes place on the first Saturday of June, 10 am – 2 pm.</p> |

| | | |
|-------------------|--|--|
| Washington | Working Connections Child Care | 877-501-2233 Working Connection Child Care helps families with low incomes pay for child care. |
| Pullman | WSU Women's Center Rosario's Place, Room 8 (on the Ground Floor of Wilson-Short Hall) | www.women.wsu.edu/ resources/rosariostars-place/ WSU student-parents may receive free, gently used clothing, books, small toys, diaper products, and other limited supplies for children aged 5 or younger. |
| Pullman | Kiwanis Club of Pullman | contact@pullmankiwanis.org School supplies for students K-12 in the Pullman, Colfax, Colton/Uniontown, and Moscow School Districts. Gently used musical instruments for students in the Pullman School District. |

Facebook Groups

JOBS

- **Now Hiring Pullman:** www.facebook.com/groups/922704747801908/
- **Palouse Area Jobs & Internships:** www.facebook.com/groups/428921413979910/
- **Palouse Jobs:** www.facebook.com/groups/palousejobs/

RIDES

- **Palouse Rideshare:** www.facebook.com/groups/pullmantopullmanrideshare/
- **Moscow/Pullman Rideshare:** www.facebook.com/groups/Pullman2MoscowRideshare/

CHILDREN

- **Palouse Diaper Exchange:** www.facebook.com/groups/PalouseDiaperExchange/
- **Palouse Mommy Connections:** www.facebook.com/groups/190249671020497/
- **Breast Milk Sharing Group:** www.facebook.com/groups/hm4hbWASHINGTON/
- **Moscow/Pullman Babysitting:** www.facebook.com/groups/161447370893684/

FREE ITEMS

- **The Shoe Circle:** www.facebook.com/groups/2241701732773411/
- **Helping Hands of the Palouse:** www.facebook.com/groups/540685829401755
- **Helpful Neighbors on the Palouse:** www.facebook.com/groups/2207998169419786/

BORROW ITEMS

- **Buy Nothing Moscow:** www.facebook.com/groups/1645706482379279/
- **Buy Nothing Pullman/Colfax:** www.facebook.com/groups/1541635489443993/

Emergency Services

EVICTION & SHUT-OFF NOTICES

| | |
|------------------------------|---|
| Real Life Ministries | 208-882-2484 |
| St. Vincent de Paul | 208-883-3284 (Leave a message) |
| Community Action Partnership | 208-882-3535 |
| Disability Action Center | 208-883-0523 (Only available to disabled individuals) |
| Christ Church | 208-882-2034 |
| Salvation Army | 208-883-4823 |

HOUSING & SHELTER

| | |
|----------------------|--------------|
| Family Promise | 208-882-0165 |
| Sojourner's Alliance | 208-883-3438 |
| YWCA Lewiston | 208-743-1535 |

DOMESTIC VIOLENCE

| | |
|---|--------------|
| Alternatives to Violence of the Palouse 24-hour hotline | 877-334-2887 |
|---|--------------|

COVID SHUT DOWN RESOURCES

Note: all FOOD BANKS are still open to our knowledge. Many have amended dates and times of pick up, or altered pick up instructions so as to include social distancing. While we have added as much as we know, contact your local food bank (pages 2-4) before visiting as some things are changing daily.

COAST is still open for business for those few who still have important appointments or medical procedures.

Need a ride? Call COAST 509-397-2935. Idaho and Washington.

A free food sharing app, OLIO, is now active in Moscow, Genesee, Pullman, Clarkston. Donate or request food via this free sharing app; download from Google Play or the App Store.

Palouse Covid-19 Mutual Aid, Fill out the **"Request Support"** form for needed groceries, more: <https://www.facebook.com/palouse.covid19.mutual.aid/>

WASHINGTON

| | | |
|-------------------------|--|--|
| COLFAX | | |
| Senior Meals | Colfax Council on Aging | To go and delivery 509-397-4305 |
| Westside Pizza | 208 1/2 N Main | Free to-go pizza for kids |
| PULLMAN | | |
| Oak on Main | 337 E Main St | Free to-go spaghetti dinner Tuesdays 4:00-6:00 pm |
| Community Action Center | To Go curbside food bank 350 Fairmount Dr #1, Pullman | Wednesdays 11:00am-1:00 pm Thursdays 2:00-4:00 pm |

Amazon is now accepting EBT SNAP (food stamps) for Washington state.

IDAHO

| PANTRIES STILL OPEN | | |
|-------------------------------|--|--|
| | ADDRESS | HOURS |
| MOSCOW | | |
| First United Methodist Church | 322 E. Third Street | OUTSIDE, SO 24/7 |
| University of Idaho | 3 pantries with drive-thru | MUST be present during the NEW open dates and times, far too many to list here, check here: https://www.uidaho.edu/food-pantry |
| Vandal Mobile Food Pantry | parking lot 108 (West of the Rec Center) | Every 1st Wednesday of the month, 12:00-2:00 pm. Open to EVERYONE . |
| NEW PANTRIES | | |
| Safari Pearl | 660 W Pullman Rd | Mon-Sat 11:00a-6:00p, call ahead (208) 882-9499 |
| Mr. Leon's | 618 S. Main | Sundays 2:00-3:30pm |
| LEWISTON | | |
| Mr. Leon's | 205 10th St | Sundays 1:00-2:00pm |

| FREE TO-GO MEALS | | |
|--------------------------------|-------------------------|--|
| Humble Burger | 102 N Main St, Moscow | Call to ask about current hours and free burger availability (208) 596-0296 |
| Food Not Bombs of the Palouse | 405 S Van Buren, Moscow | Sundays 4:30-6:00pm, TEXT (208) 352-3442 to place order! Menus available on their Facebook page. |
| SENIOR MEALS | | |
| Previously 1912 Center, Moscow | | Contact Bill Terrio at (208) 310-3779 |
| MISCELLANEOUS | | |
| Palouse Juice owners | | Our hearts go out to the families with children who may need food! Please let us know if we can help! 208.892.CAFE |

Troy Community Food Bank schedule for pre-packed food boxes distribution Wednesday, April 15 from 4pm-7pm.
 Deary Community Food Bank schedule for pre-packed food boxes distribution Tuesday, April 14 from 11am-4pm.

For questions on Mobile Pantries, or any questions about food banks or local distribution dates/times, please contact the **Idaho Foodbank at (208)746-2288.**

Not necessarily free, but helpful at this time:

C&L Locker in Moscow, "Meat for the Week" Bundles, free doorstep delivery, (208) 882-3396. Takes EBT.
 Safari Pearl, Harvest Crates, ½ or full produce baskets, does NOT take EBT, debit/credit only. (208) 882-9499
 Dissmore's IGA in Pullman is offering free delivery of groceries. (509) 332-2918

PUBLIC SCHOOLS PROVIDING FOOD:

MOSCOW: <https://www.ms281.org/meals?fbclid=IwAR1e9DCc0BTx-7vsO3-QiGCe7o76zX3kRWkSmbgAKpH9kFYWHS7kOREaVXg>

Garfield (509) 635-1331

Palouse (509) 878-1921

PULLMAN: <https://www.pullmanschools.org/> and <https://pullmanschoolspantryprogram.org/registration/> (this is the Weekend Backpack program)